

# New Year Together

**Get together this January and add some simple Health and Wellbeing sessions and extras to your conference this January at no extra charge.**

As the new year gets underway, get re-focused, re-energised and get the most out of your conference or event by taking advantage of our range of health and wellbeing expertise and facilities.

In addition to access to one of our contemporary conference rooms, fully equipped with high-spec desktop PC, 4K display screens, Squiggle Board and Barco Clickshare technology, along with dedicated Wifi and access to Microsoft Teams, Polycom Web Conferencing system, or other preferred platforms, this special January Delegate Package includes:

- **Unlimited coffee, offering a delicious range of blends and flavours.**
- **A complimentary, freshly made, Smoothie Shot on arrival.**
- **A “Make your own yoghurt” station during your mid morning break.**
- **Fruit juice, water and fresh fruit.**
- **Our bespoke Brain Food Menu to supercharge your Networking Lunch.**





This package can also energise your delegates, with the option of our exclusive Yoga Ice-Breaker session.

Before you begin your meeting, let our experienced yoga teacher, Julie McCann, get your creativity flowing and stimulate the brain cells with an ice-breaker with a difference.

This package is just **£30** per person and available on the following dates:

- **Tuesday 10 January**
- **Wednesday 11 January**
- **Thursday 12 January**
- **Tuesday 17 January**
- **Wednesday 18 January**
- **Thursday 19 January**
- **Tuesday 24 January**
- **Wednesday 25 January**
- **Thursday 26 January**



Don't see what you're looking for, or want a tailor-made event package? Contact our team on **0141 951 6006**.

